# HARRISON'S EAT WELL CATERING

OFFICE: 814-237-4422 | EatWell@HarrisonsMenu.com | www.HarrisonsEatWellCatering.com

#### **2021 A LA CARTE MENU**

Min Order

Per Dozen

#### **Hot & Tasty Hors D'Oeuvres**

* Order ready-to-heat (instructions included) or hot & ready-to-eat		Min Order	Per Dozen
Mini Crab Cakes w/ Dill Aioli		1 doz	\$24.99
Thai Shrimp Cakes w/ Thai Red Curry Dip		5 doz	\$24.99
Franks in a Blanket (all beef)		3 doz	\$21.99
Aparagus-Asiago Pastry	(v)	3 doz	\$21.99
Spanakopita	(v)	1 doz	\$21.99
Feta/Garlic-Stuffed Mushrooms	(v)	3 doz	\$21.99
Spicy Pakora - "Indian Fritters"	(v,gf,df)	1 doz	\$21.99
Assorted Mini Quiche		1 doz	\$21.99
Mediterranean Meatballs w/ Tzatziki	(gf)	3 doz	\$21.99
Hearty Italian or Chimichurri Meatballs		1 doz	\$21.99
Coconut Shrimp		3 doz	\$24.99
Chicken Skewers - Asian Plum, Shawarma, BBQ, Buffalo		1 doz	\$21.99
Asian Dumplings		3 doz	\$21.99
Beef, Bacon, & Gorgonzola Puffs		3 doz	\$24.99
Baked Brie in Puff Pastry w/ Fig & Olive Relish (warm - not hot)	(v)	3 doz	\$24.99

# **Cool & Savory Hors D'Oeuvres**

Fresh Asparagus w/ Prosciutto	(gf)	2 doz	\$21.99
Roast Beef-Wrapped Asparagus w/ Horseradish Cream Sauce	(gf,df)	1 doz	\$21.99
Chicken Skewers - Asian Plum/Shawarma	(trace gluten) / (gf)	1 doz	\$21.99
Caprese Skewers - mozzarella and tomato w/ basil drizzle	(v,gf)	3 doz	\$21.99
Pear, Leek, Gruyere Pastry	(v)	3 doz	\$21.99
Fresh Fruit Skewers	(v,gf,df)	1 doz	\$21.99
Filo Cups w/ Goat Cheese and Fig & Olive Relish	(v)	2 doz	\$21.99
Filo Cups w/ Mediterranean Chicken & Feta		2 doz	\$21.99
Filo Cups w/ Boursin & Bacon		2 doz	\$21.99
Chicken Salad, Turkey, & Veggie-Portobello on Parker House Rolls		1 doz	\$21.99
Beef & Bleu, Italian Antipasto on Parker House Rolls		1 doz	\$24.99

#### Hors D'Oeuvres Platter Ideas

Herb & Garlic Cheese w/ Fresh Veggies & Baguette Crisps (v) Hummus w/ Fresh Veggies & Pita Chips (v)

Fresh Tomato & Basil Bruschetta (v)

Fresh Fruit (df) &/or Cheese Assortment (v,gf)

Mango Salsa (df) w/ Tostada Triangles (v)

Fig & Olive Relish (df) w/ Goat Cheese, Crisps & Crackers (v,gf)

Cheese & Savory Meat - assorted cheeses, ham, salami, winter sausages, local Herlocher's mustard & crackers

Chef's Antipasto Platter - prosciutto, salami, fresh mozzarella, provolone, artichoke hearts, pepperoncini, olives, grilled red pepper

Seasoned Shrimp w/ Cocktail Sauce

Unique Tastes for Hors D'Oeuvres or Entrée Platters		Half Pint	Pint
Herb & Garlic Cheese	(v,gf)	\$10.99	\$21.99
Mango Salsa	(v,gf,df)	\$10.99	\$21.99
Classic Hummus, Red Pepper Hummus, Sun-Dried Tomato Hummus	(v,gf,df)	\$10.99	\$21.99
Fig & Olive Relish	(v,gf,df)	\$10.99	\$21.99
Olive Tapenade	(v,gf,df)	\$10.99	\$21.99
Seasonal Fruit Salsa	(v,gf,df)		\$24.99
Black Bean Salsa	(v,gf,df)		\$21.99
Tomato & Basil for bruschetta	(v,gf,df)		\$21.99
Sun-Dried Tomato Relish	(v,gf,df)		\$21.99
Red Pepper Pesto	(v,gf) +N		\$21.99
			Per 1 Ounce
Fresh Sliced Fruit	(v,gf,df)		\$1.25
Assorted Cheese	(v)		\$1.25
Premium Cheese	(v)		\$1.99
			Per 1/2 Ounce
Goat Cheese	(v)		\$1.99
			Per Dozen
Fresh Cut Veggies	(v,gf,df)		\$4.99/ Dozen
House-Made Tostada Triangles	(v)		\$5.99/ Dozen
House-Made Crostinis	(v)		\$5.99/ Dozen
Fresh-Baked Baguette Crisps	(v)		\$4.99/ Dozen
Crackers, Crisps, Baguette assortment	(v)		\$4.99/ Dozen
Gluten-Free Crackers	(v,gf)		\$4.99/ Dozen
For Entrée Platters (served room temperature)		Min Order	Per 2 Ounces
Poached Salmon, Sesame Poached Salmon	(gf,df)	20 oz	\$3.99
Tropical Habanero Salmon, Smoked Salmon	(gf,df)	20 oz	\$3.99
Grilled Chicken, Shawarma Chicken	(gf,df)	20 oz	\$2.75
Grilled Balsamic Beef	(gf,df)	32 oz	\$3.99
Sliced Roast Turkey	(gf,df)	20 oz	\$2.99
Grilled Beef Tenderloin	(gf,df)	32 oz	\$6.50
Rosemary Chicken Salad	(v,gf)		\$31.99 / qt
Grilled Portobello	(v,gf,df)	\$9.9	9 / 2 portobello portion

### Entrée Platter Ideas (served room temperature)

Shawarma Chicken w/ Chargrilled Vegetables, Classic Hummus (gf,df)
Grilled Chicken w/ Goat Cheese & Fig & Olive Relish (gf)
Poached Salmon w/ Chef's Garnish (gf,df)
Sesame Poached Salmon w/ Sesame Asparagus (df)
Grilled Beef Tenderloin w/ Horseradish Cream Sauce & Parker House rolls
Grilled Balsamic Beef w/ Grilled Asparagus (gf,df)
Portobello & Chargrilled Vegetables w/ Olive Tapenade & Basil Pesto (v,gf,df)

Hot Entrées & Sides		Portion	Price per Portion	
* Order ready-to-heat (instructions included) or hot & ready-to-eat				
Vineyard Chicken , Grilled Basil Pesto Chicken (gf)		8 oz.	\$10.99	
Grilled Chicken (gf,df), BBQ Chicken, Coconut-Crusted Chicken		8 oz.	\$10.99	
Greek Chicken (gf), Chicken Marsala, Chicken Parmesan		8 oz.	\$11.99	
Chicken Wellington, Cajun Cordon Bleu, Lemon-Prosciutto Chicken		8 oz.	\$11.99	
Apple-Pecan Stuffed Chicken w/ Riesling Gravy		8 oz.	\$11.99	
Grilled Salmon w/ Lemon Beurre Blanc, Sesame Encrusted Salmon	(gf)	8 oz.	\$16.99	
Tropical Habanero Mahi Mahi, Ginger-Lime Mahi Mahi	(gf,df)	8 oz.	\$13.99	
Boardwalk Crab Cakes		cake	\$8.50	
Sliced Roast Turkey Breast	(gf,df)	8 oz.	\$11.99	
BBQ Beef Brisket	(df)	8 oz.	\$16.99	
Beef Bourguignon	(df)	8 oz.	\$16.99	
Beef Tips w/ Mushrooms	(df)	8 oz.	\$16.99	
Carved Tenderloin/Carved Prime Rib	(gf)	mar	rket price - min of \$19.9	9/8 oz
Carved Smoked Brisket/Carved Balsamic Beef		8 oz.	12.5	
Grilled Portobello w/ Balsamic Glaze (vegan)(v,gf,df)	(vegan)(v,gf,df)	2 Portobello	\$9.99	
Eggplant Parmesan	(v)	8 oz.	\$10.99	
			Pint	Quart
BBQ Pulled Pork	(df)		\$15.99	\$31.99
Chef's Mac & Cheese (local cheese)	(v)		\$7.99	\$15.99
Chicken & Vegetable Scampi				\$17.99
Pasta Alfredo w/ Fresh Veggies	(v)			\$15.99
Four-Cheese Baked Pasta - Regular or add Grilled Vegetables	(v)			\$15.99
Four-Cheese Baked Pasta - with Meat Sauce				\$17.99
Tuscan Vegetarian Pasta or Athenian Pasta Primavera	(v)			\$15.99
Orchiette Pasta w/ Butternut Squash & Herbs (seasonal)	(v)			\$15.99
Pasta Fagiole (spinach, white bean, parmesan, herbs)	(v)		\$7.99	\$15.99
Gnocchi with Red Pepper Pesto Cream	(v)		\$7.99	\$15.99
Linguini Marinara	(v)		\$6.50	\$12.99
Mashed or Roasted Sweet Potatoes	(v,gf)		\$7.99	\$15.99
Rosemary Roasted Red Potatoes	(v,gf,df)		\$6.50	\$12.99
Roasted Sweet Potatoes	(v,gf,df)		\$6.50	\$12.99
Fresh Vegetable	(v,gf)		\$6.50	\$12.99
Fresh Green Beans	(v,gf)		\$7.99	\$15.99
Mashed Potatoes or Stuffing (seasonal)	(v,gf)			\$12.99
Turkey Gravy (seasonal)				\$12.99
Baguette			\$5.99	
Fresh Parker House Rolls			\$6.99/Do	ozen

Half Pint	Pint	Quart
serves	5 - \$14.99 / serves 1	.0 - \$29.99
lf) serves	5 - \$14.99 / serves 1	.0 - \$29.99
serves	5 - \$14.99 / serves 1	.0 - \$29.99
serves	5 - \$14.99 / serves 1	.0 - \$29.99
lf) / (v) serves	5 - \$14.99 / serves 1	.0 - \$29.99
	serves serves serves	serves 5 - \$14.99 / serves 1 serves 5 - \$14.99 / serves 1 serves 5 - \$14.99 / serves 1 serves 5 - \$14.99 / serves 1

See next page for additional side salads

Sandwiches			half	whole
Grilled Pesto Chicken on Baguette			\$5.00	\$9.99
Roast Turkey on Whole Grain	(df)		\$5.00	\$9.99
Rosemary Chicken Salad on Baguette			\$5.00	\$9.99
Ham, Salami, and Provolone on Italian			\$5.00	\$9.99
Roast Beef & Provolone on Italian			\$5.00	\$9.99
Grilled Vegetables w/ Garlic Cheese on Whole Grain	(v)		\$5.00	\$9.99
Three Cheese w/ mustard, lettuce, tomato on Italian	(v)		\$5.00	\$9.99
Wraps				whole
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Grilled Chicken Caesar				\$6.50
Chicken & Cheese				\$6.50 \$6.50
Roast Turkey & Cheese				\$6.50
Italian Antipasto Roast Beef & Provolone				\$6.50
	(v,df)			\$6.50
Grilled Vegetable & Hummus Grilled Portobello	(v,df)			\$6.50
dilled Followello	(1721)			70.50
Soups & Salads - Good to Go		Half Pint	Pint	Quart
Homemade Soup		\$3.50	\$6.50	\$12.50
Marinated Mushrooms minimum required	(v, trace gluten, df)	\$3.99	\$7.99	\$15.99
Herbed Potato Salad (oil & vinegar)	(v,gf,df)	\$3.25	\$6.50	\$12.99
Cole Slaw	(v,gf)	\$3.25	\$6.50	\$12.99
Mango-Napa Slaw	(v,gf,df)	\$3.25	\$6.50	\$12.99
Fiesta Black Bean Salad	(v,gf,df)	\$3.25	\$6.50	\$12.99
Chef's Seasonal Quinoa	(v,gf,df) / (v,gf) +N	\$3.99	\$7.99	\$15.99
Dill Cucumber Salad	(v,gf,df)	\$3.25	\$6.50	\$12.99
Sesame Noodles	(v,df)	\$3.25	\$6.50	\$12.99
Ranch Pasta Salad	(v)	\$3.25	\$6.50	\$12.99
Smoked Mozzarella Pasta Salad	(v)	\$3.99	\$7.99	\$15.99
Grilled Vegetables	(v,gf,df)	\$3.99	\$7.99	\$15.99
Fresh Cut Fruit	(v,gf,df)	\$3.99	\$7.99	\$15.99
Caesar Salad w/ Caesar Dressing	(gf)		- \$14.99 / serves	
Mixed Greens w/ Balsamic Vinaigrette	(v,gf,df)	serves 5	- \$14.99 / serves	10 - \$29.99
Greek Salad w/ Feta, Olives & Greek Dressing	(v,gf)	serves 5 - \$14.99 / serves 10 - \$29.99		
Seasonal Spinach Salad	(v,gf)	serves 5 - \$14.99 / serves 10 - \$29.99		
Garden Salad w/ Vinaigrette & Ranch	(v,gf,df) / (v)	serves 5	- \$14.99 / serves	10 - \$29.99
Sides			Per Piece	
PA Potato Chips - individual bags	(v)		\$2.00	

(v,gf,df)

\$2.00

Fresh Whole Fruit

Per Dozen

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Tailg	ate	ınsp	ırea

\* Order ready-to-heat (instructions included) or hot & ready-to-eat

Potato Skins - cheese or cheese & veggie	(v,gf)	\$21.99	
Potato Skins - cheese & bacon	(gf)	\$21.99	
Buffalo Chicken Tenders		\$23.99	
		Quart	
Chicken Cheese Steak with onions & peppers or without		\$31.99	
Buffalo Chicken Mac & Cheese		\$19.99	
Italian Sausage & Peppers Mac & Cheese		\$19.99	
BBQ Chicken Mac & Cheese		\$19.99	
Breaks & Snacks		Pint	Quart
Snack Mix	(v)	\$7.99	\$15.99
Trail Mix	(v) +N	\$7.99	\$15.99
Mini Pretzels	(v)	\$7.99	\$15.99
Crunchy Spiced Garbanzo Beans	(v,gf,df)	\$7.99	\$15.99
House-Spiced Nuts	(v,gf) + N		\$21.99
Almond/Craisin/Chocolate Mix	(v,gf,df) + N		\$21.99
		Per Piece	
Healthy Granola/Snack Bars	(v) +N	\$2.00	
PA Potato Chips - individual bags	(v)	\$2.00	
Fresh Whole Fruit	(v,gf,df)	\$2.00	
Desserts & Sweets		Whole Desserts	
New York-Style Cheesecake (16 pieces)	(v)	\$55.99	
Double Chocolate Decadence Cake (14 pieces)	(v)	\$55.99	

New York-Style Cheesecake (16 pieces)	(v)	\$55.99
Double Chocolate Decadence Cake (14 pieces)	(v)	\$55.99

		Finger Desserts by the Dozen	
Fresh Baked Chocolate Chip Cookies	(v)	\$8.99	
Lemon White Chocolate Chunk Cookies	(v)	\$8.99	
Brownie Quarters	(v)	\$8.99	
Fresh Grapes (for cookie platters)	(v,gf,df)	\$0.49	per oz
Assorted Dessert Bar Quarters	(v) +N	\$12.99	
Lemon Bar Triangles	(v)	\$12.99	
Fresh Whole Strawberries	(v,gf,df)	\$12.99	
House-Made Coconut Macaroons	(v,gf)	\$12.99	
Chocolate-Dipped Pretzel Rods	(v)	\$21.99	
Chocolate-Dipped Strawberries	(v,gf)	\$21.99	
Petit Fours or French Macaron (Special Order)	(v)	\$25.99	
		Pint	Quart
Fresh, Sliced Berries as a Fruit Topping	(v,gf,df)	\$10.99	\$21.99
Fresh Cut Fruit	(v,gf,df)	\$7.99	\$15.99
Platters available for an additional cost			