

Below are menus for buffet-style meals. At this time, some of our menu items and services may be limited.
Please check with our catering department for the most up to date availability.

HARRISON'S EAT WELL CATERING

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2021 SAMPLE MENUS - MEETINGS AND BREAKS

Morning Foods

Fresh Cut Fruit (gf,df), Whole Fruit (gf,df), Yogurt, Granola, Hard Boiled Eggs (gf,df)
Assorted Morning Baked Goods, Coffee Cake, Bagels, Baguettes, Granola Bars
Oatmeal, Sweet Potato Hash (gf), Breakfast Potato Skins - cheese & veg or cheese & bacon (gf)
Chef's Quiche of the Day or choose Quiche Lorraine or Spinach, Tomato & Feta Quiche

Cold Hors D'Oeuvres

Herb & Garlic Cheese (gf) w/ Crisps & Fresh Veggies, Grilled Vegetables (gf,df) w/ Savory Spreads & Crackers
Assorted Cheeses (gf) & Crackers, Rosemary Chicken Salad w/ Cucumber Rounds (gf), Marinated Mushrooms (v,df)
Fresh Sliced Fruit (gf,df), Mango Salsa (gf,df) & Tostada Triangles, Black Bean Hummus w/ pita crisps & fresh veggies

Snacks & Treats

Healthy Granola/Snack Bars, Vegan Snack Bars (Luna/Cliff), Mini Pretzels, Potato Chips (gf),
House-Made Spiced Nuts (gf), Snack Mix, Trail Mix, Almond/Craisin/Dark Chocolate Mix (gf), Fresh Whole Fruit (gf)

Sweets

Our own fresh-baked Chocolate Chip Cookies, Lemon White Chocolate Chunk Cookies, Brownies, Assorted Dessert Bar Quarters
Chocolate-Dipped Strawberries (gf), Filo Cups w/ Lemon-Lime Mousse & Fresh Berry, Chocolate-Dipped Pretzel Rods
Coconut Macaroons (gf), Double Chocolate Decadence Cake, New York-Style Cheesecake with Fresh Berries

Beverages

Coffee, Decaf, Hot Tea, Juices: Orange, Cranberry, Apple, Tomato
Assorted Pepsi Products, Bottled Water, Fruited Water, Canned Iced Tea and Lemonade
Pellegrino, Fresh Brewed Iced Tea (unsweetened), Lemonade, Cranberry Lemonade

Service

Platters, bowls, serving utensils, plates, napkins, eating utensils, tablecloths (disposable or rented linens)
Service staff available (minimums apply)

SAMPLE MENU #1: AM Break for 50 - Food Only, With Delivery

<u>AM BREAK</u>	<u>Quan.</u>	<u>Unit</u>	<u>Cost/Unit</u>	<u>Total</u>
Assortment - morning baked goods	50	Pieces	\$1.79	\$89.50
Fresh, Sliced Fruit (v, gf, df)	50	1 oz portions	\$1.25	\$62.50
<u>Service</u>				
Premium Platters - White Oval (recyclable)	3	each	\$5.99	\$17.97
Plastic tongs (recyclable)	3	each	\$1.75	\$5.25
6" Eco-Plates, napkins, forks (compostable)	55	per set	\$0.50	\$27.50
Delivery (in State College area)				\$30.00
			<u>Subtotal:</u>	\$232.72
			<u>per person:</u>	\$4.65

SAMPLE MENU #2: PM Break for 50 - Food & Beverages, With Delivery

<u>PM BREAK</u>	<u>Quan.</u>	<u>Unit</u>	<u>Cost/Unit</u>	<u>Total</u>
Mango Salsa (v, gf, df)	1.25	Pint	\$21.99	\$27.49
- with Tostada Triangles	4	Dozen	\$5.99	\$23.96
Fresh Baked Cookies & Brownie Quarters	8.5	Pieces	\$8.99	\$76.42
House-Spiced Nuts (v, gf)	2	Qts	\$21.99	\$43.98
<u>Beverages</u>				
Bottled Water	30	bottles	\$1.49	\$44.70
Assorted Pepsi Products	25	cans	\$1.49	\$37.25
<u>Service</u>				
Premium Platters - White Oval (recyclable)	2	each	\$5.99	\$11.98
Salad Bowls & Serving Utensils (clear/recyclable)	2	each	\$0.75	\$1.50
Cocktail Napkins (compostable)	75	each	\$0.10	\$7.50
Delivery (in State College area)				\$30.00
			<u>Subtotal:</u>	\$304.77
			<u>per person:</u>	\$6.10

*(v) indicates VEGETARIAN; (gf) indicates GLUTEN-FREE (prepared in a kitchen that uses products containing gluten); (df) indicates DAIRY-FREE

SAMPLE MENU #3: All Day Meeting Package for 100 - With Setup & Service

(Please mix & match to suit your needs.)

CONTINENTAL BREAKFAST		Quan.	Unit	Cost/Unit	Total
<i>(Choose from Breakfast Menu)</i>					
Estimated price with Continental Breakfast <i>with delivery, setup, cleanup</i>	per person:	100	continental breakfast	\$12.00	\$1,200.00

AM BREAK

Fresh, Sliced Fruit & Assorted Cheeses	(v, gf, df) / (v, gf)	100	1 oz portions of each	\$2.50	\$250.00
- with crackers & toasts		8.5	Doz	\$4.99	\$42.42
Trail Mix		4	Qts	\$15.99	\$63.96

Beverages

Assorted Sodas & Bottled Water		50	cans/bottles	\$1.49	\$74.50
Coffee		60	8 oz. servings	\$1.29	\$77.40
Decaf		20	8 oz. servings	\$1.29	\$25.80
Hot Water & Tea Bag Selection		10	8 oz. servings	\$1.29	\$12.90
<i>- includes creamers, sweeteners, stirrers</i>					

Service

Premium Platters - White Oval (recyclable)		2	each	\$5.99	\$11.98
Serving Dishes		2	each	\$5.00	\$10.00
Serving Utensils		4	each	\$0.50	\$2.00
6" Eco-Plates (compostable)		120	each	\$0.25	\$30.00
Coffee cups (compostable)		90	each	\$0.20	\$18.00
9 oz Eco-Cups (compostable)		50	each	\$0.25	\$12.50
Cocktail Napkins (compostable)		200	each	\$0.10	\$20.00
Delivery, Setup & Pickup (in State College area)					\$59.00

All remaining beverages and break items consolidated and used for remainder of day

Subtotal: \$710.46

Gratuity: \$71.05

Per Person Cost: \$7.82

LUNCH

(Choose from Luncheon Menu)

Estimated price with Sandwiches & Salads <i>with delivery, setup, cleanup</i>	per person:	100	Luncheon	\$16.50	\$1,650.00
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PM BREAK

Herb & Garlic Cheese	(v, gf)	1	Pint	\$21.99	\$21.99
- with fresh veggies & baguette crisps		8.5	Dozen	\$4.99	\$42.42
Mini Pretzels	(v)	4	Qts	\$15.99	\$63.96
Assorted Dessert Bar Quarters		8.5	Dozen	\$12.99	\$110.42

Beverages

Fruited Water	48 8 oz servings	3	gallons	\$19.99	\$59.97
Iced Tea	32 8 oz servings	2	gallons	\$19.99	\$39.98
Lemonade	32 8 oz servings	2	gallons	\$19.99	\$39.98
<i>- includes ice, lemons wedges, sweeteners, straws</i>					

Service

Premium Platters - White Oval (recyclable)		2	each	\$5.99	\$11.98
Serving Dishes		2	each	\$5.00	\$10.00
Serving Utensils		4	each	\$0.50	\$2.00
6" Eco-Plates (compostable)		100	each	\$0.25	\$25.00
Cocktail Napkins (compostable)		100	each	\$0.10	\$10.00
Eco-Cups (compostable)		100	each	\$0.25	\$25.00
Delivery & Service (in State College area)	One attendant - 1.5 hours				\$45.00

Subtotal: \$507.69

Gratuity: \$101.54

Per Person Cost: \$6.09

See our Reception and Hot Meals Sample Menus for further menu options.

Call us for a custom menu!