

*Below are menus for buffet-style meals. At this time, some of our menu items and services may be limited.  
Please check with our catering department for the most up to date availability.*

## **HARRISON'S EAT WELL CATERING**

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### **2021 SAMPLE MENUS - BREAKFAST BUFFET-STYLE MEALS**

#### **Morning Foods**

*Fresh Cut Fruit (gf,df), Whole Fruit (gf,df)  
Yogurt, Granola, Hard Boiled Eggs  
Assorted Morning Baked Goods, Morning Breads  
Sliced Whole Grain Bread, Baguettes  
Granola Bars, Breakfast Protein Bars  
Roasted Red Potatoes (v,gf,df)  
Breakfast Potato Skins - cheese/veg/bacon (gf)  
Chef's Quiche of the Day  
or choose Quiche Lorraine or Spinach, Tomato & Feta Quiche*

#### **Platters**

*Fresh Fruit Platter (gf,df), Assorted Cheese Platter (gf)  
Assorted Meat (df) & Cheese (gf) Platter*

#### **Beverages**

*Coffee, Decaf, Hot Tea, Juice  
Assorted Pepsi Products, Bottled Water  
Canned Iced Tea (sweetened) and Lemonade  
Flavored Sparkling Water, S.Pellegrino Sparkling Water  
Fruited Water, Fresh Brewed Iced Tea (unsweetened)  
Lemonade, Cranberry Lemonade*

#### **Serving Materials**

*(all disposable)  
platters, bowls, serving utensils  
plates, napkins, eating utensils, tablecloths (all disposable)*

#### **Additional Breakfast Selections**

Other traditional breakfast items are available upon request.

We do want to let you know, freshly made hot breakfast foods (for example eggs) will lose color, crispness and freshness as they are moved into catering pans, travel to your site, and rest in chafers which is why we've designated the following sample menus with items that will not lose quality during the catering process.

\* Minimums for delivery do apply, and automatic delivery gratuity will be added to all breakfast orders.

**Continental Breakfast Sample Menu for 24: Food & Beverage, With Delivery**

<b><u>Fruit</u></b>		<b><u>Quan.</u></b>	<b><u>Unit</u></b>	<b><u>Cost/Unit</u></b>	<b><u>Total</u></b>	
Fresh Cut Fruit Bowl	(v, gf, df)	4	Qts	\$15.99	\$63.96	
<b><u>Morning Foods</u></b>						
Assortment - morning baked goods		16	pieces	\$1.69	\$27.04	
Morning Breads		16	slices	\$1.29	\$20.64	
Breakfast Protein Bars		1.25	Dozen	\$19.99	\$24.99	
<b><u>Beverages</u></b>						
Bottled Water		24	bottles	\$1.69	\$40.56	
Coffee		2	96 oz. dispenser (serves 10-12)	\$24.99	\$49.98	
Decaf		1	96 oz. dispenser (serves 10-12)	\$24.99	\$24.99	
Hot Water & Tea Bag Selection (10)		1	96 oz. dispenser (serves 10-12)	\$24.99	\$24.99	
<i>- includes creamers, sweeteners, stirrers; served from insulated cardboard dispensers</i>						
<b><u>Serving Materials</u></b>						
Platters (tan/compostable)		1	each	\$4.99	\$4.99	
Plastic tongs (recyclable)		2	each	\$1.75	\$3.50	
Salad Bowls & Serving Utensils (clear/recyclable)		4	each	\$0.75	\$3.00	
6" Eco-Plates, napkins, forks (compostable)		30	per set	\$0.50	\$15.00	
Coffee cups (compostable)		30	each	\$0.20	\$6.00	
Delivery (in State College area)					\$30.00	
					<b><u>Subtotal:</u></b>	\$339.64
					<b><i>Per Person Cost:</i></b>	\$14.15

**Quiche Breakfast Sample Menu for 24: With Delivery & Setup**

<b><u>Hot Entrées</u></b>		<b><u>Quan.</u></b>	<b><u>Unit</u></b>	<b><u>Cost/Unit</u></b>	<b><u>Total</u></b>	
Quiche Lorraine - Traditional Bacon & Swiss		2	Quiche (8 pieces)	\$27.99	\$55.98	
Quiche - Spinach, Tomato & Feta	(v)	1	Quiche (8 pieces)	\$26.99	\$26.99	
<b><u>Fruit</u></b>						
Fresh Cut Fruit	(v, gf, df)	4	Qts	\$15.99	\$63.96	
<b><u>Baked Goods</u></b>						
Morning Breads		20	pieces	\$1.29	\$25.80	
Whole Grain Bread - sliced/quarters	(v, df)	1	Dozen	\$5.99	\$5.99	
Butter packets		2	Dozen	\$2.50	\$5.00	
<b><u>Beverages</u></b>						
Bottled Water		10	bottles	\$1.69	\$16.90	
Orange Juice		2	1/2 gal container	\$11.99	\$23.98	
Coffee, Decaf, Hot Tea		4	96 oz. dispenser (serves 10-12)	\$24.99	\$99.96	
<i>- includes creamers, sweeteners, stirrers; served from insulated cardboard dispensers</i>						
<b><u>Serving Materials</u></b>						
Platters (tan/compostable)		1	each	\$4.99	\$4.99	
Plastic Tongs & Pie Server (recyclable)		3	each	\$1.75	\$5.25	
Salad Bowls & Serving Utensils (clear/recyclable)		4	each	\$0.75	\$3.00	
10" Plates, napkins, forks, knives (compostable)		30	per set	\$0.80	\$24.00	
9 oz. Eco-Cups (compostable)		30	each	\$0.25	\$7.50	
Coffee cups (compostable)		30	each	\$0.20	\$6.00	
Delivery w/ Setup & Gratuity (Local)					\$98.00	
					<b><u>Subtotal:</u></b>	\$473.30
					<b><i>Per Person Cost:</i></b>	\$19.72

**More Suggested Combinations**

Quiche, Yogurt with Granola and Fruit  
 Yogurt, Whole Fruit, Breakfast Protein Bars  
 Breakfast Potato Skins, Quiche, Fresh Fruit, Morning Breads

\*(v) indicates VEGETARIAN; (gf) indicates GLUTEN-FREE (prepared in a kitchen that uses products containing gluten); (df) indicates DAIRY-FREE